

**IMPORTANT PATIENT PROTECTION AND AFFORDABLE CARE ACT NOTICES,  
ERISA NOTICES AND CONTACTS FOR MORE INFORMATION**

Volunteers of America Chesapeake & Carolinas is providing these important notices to you at no fee. The notices in this package describe important rights that you have under the terms of the Volunteers of America Chesapeake & Carolinas Group Health Plan. If you have any questions or need additional information regarding these notices you can contact:

**Your Employer Representative**

Linda Bunn  
240-764-2649

The following notices are included in this communication in this order:

- ) WHCRA Notice (Women's Health and Cancer Rights Act)

## **NOTICE OF RIGHTS UNDER THE WOMEN'S HEALTH AND CANCER RIGHTS ACT (WHCRA)**

Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Contact your Employer Representative for more information.

If you have had or are going to have a mastectomy, you may be entitled to certain benefits, under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- ) All stages of reconstruction of the breast on which the mastectomy was performed;
- ) Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- ) Prostheses; and
- ) Treatment of physical complications of the mastectomy, including lymphedemas.

These benefits will be provided subject to the same deductible and co-insurance particulars that are applicable to other medical and surgical benefits provided under this Plan. Volunteers of America Chesapeake & Carolinas has provided the detailed information regarding deductible and co-insurance for the Volunteers of America Chesapeake & Carolinas Group Health Plan. For more information or to get a copy of the Summary Plan Description containing these details contact your Employer Representative.