



**Medical Rates**

April 1, 2019 thru June 30, 2020

Kaiser DHMO, Plan 9 MD, DC, Northern VA	Total Premium	Employer Contribution per Month	Employee Contribution per Month	Employee Contribution per pay
<b>Coverage Level Kaiser Permanente DHMO, Plan 9</b>				
Individual	\$495.30	\$321.95	\$173.35	\$80.01
Individual/Child(ren)	\$916.30	\$503.97	\$412.33	\$190.31
Individual/Spouse	\$1,139.18	\$626.55	\$512.63	\$236.60
Family	\$1,407.09	\$703.55	\$703.54	\$324.71

Kaiser DHMO Plus, Plan 11 MD, DC, Northern VA	Total Premium	Employer Contribution Per Month	Employee Contribution per month	Employee Contribution per pay
<b>Coverage Level Kaiser Permanente DHMO Plus, Plan 11</b>				
Individual	\$546.76	\$349.93	\$196.83	\$90.84
Individual/Child(ren)	\$1,011.51	\$576.56	\$434.95	\$200.75
Individual/Spouse	\$1,257.56	\$716.81	\$540.75	\$249.58
Family	\$1,533.30	\$797.32	\$735.98	\$339.68

Kaiser Flexible Choice, Plan D MD, DC, Northern VA	Total Premium	Employer Contribution Per Month	Employee Contribution per month	Employee Contribution per pay
<b>Coverage Level Kaiser Flexible Choice, Plan D</b>				
Individual	\$682.86	457.52	225.34	104.00
Individual/Child(ren)	\$1,263.29	808.51	454.78	209.90
Individual/Spouse	\$1,570.58	1,005.17	565.41	260.96
Family	\$1,939.93	1,163.96	775.97	358.14

Kaiser Flexible Choice, Plan D VA BEACH ONLY	Total Premium	Employer Contribution Per Month	Employee Contribution per month	Employee Contribution per pay
<b>Coverage Level Kaiser Flexible Choice, Plan D</b>				
Individual	\$682.86	505.32	177.54	81.94
Individual/Child(ren)	\$1,263.29	846.40	416.89	192.41
Individual/Spouse	\$1,570.58	1,052.29	518.29	239.21
Family	\$1,939.93	1,241.56	698.37	322.32

Kaiser Out-of-Area, Plan 10 The Carolinas	Total Premium	Employer Contribution Per Month	Employee Contribution per month	Employee Contribution per pay
<b>Coverage Level Kaiser Out-of-Area, Plan 10</b>				
Individual	\$702.52	526.89	175.63	81.06
Individual/Child(ren)	\$1,299.66	883.77	415.89	191.95
Individual/Spouse	\$1,615.79	1,098.74	517.05	238.64
Family	\$1,995.78	1,297.26	698.52	322.39