

★ ★ & ★ ★
SWEAT

FOR A
WET

SATURDAY, NOVEMBER 7

8:00 AM - 1:00 PM

We're teaming up with Volunteers of America for a day of group fitness classes to support veterans in need.

Reserve your spot in our special group fitness and personal training classes with a minimum \$25 donation.

TO REGISTER OR DONATE, VISIT: SPORTANDHEALTH.COM/SWEATFORAVET

All registered participants get our limited edition Sport&Health baseball cap!

Volunteers of America is the largest nonprofit Veterans Services Organization in the nation providing homeless services, rapid re-housing and family support to more than 10,000 veterans annually.

*Classes open to all on day of event as space allows. Make checks payable to Volunteers of America or credit card payment will be accepted at the front desk.

